

healthy start

breakfast smoothie 8

greek yoghurt parfait granola, fresh berry compote 16

cranberry & almond toasted oat cereal 10

fresh raspberries, milk of your choice

chia pudding coconut | mango 14

fresh fruit salad mint & lychee syrup 14

bircher müsli apple, toasted almonds, yoghurt 16

house specialties

smashed avocado on sourdough toast 22

poached eggs, coriander, fresh lime add smoked salmon +14

tih big breakfast 24

eggs to your liking,
pork & herb sausage, crispy
bacon, roasted tomato,
grilled portabello mushroom,
baked beans,
sourdough bread

american breakfast 24

fried eggs, pork sausage, crispy bacon, breakfast potatoes, buttermilk pancakes

buttermilk pancake stack 16

caramelized banana, candied walnuts, caramel, whipped cream

vanilla brioche french toast 16

berry compote, fresh berries

free range eggs

two eggs any style 12

sourdough toast

egg & bacon muffin 14

egg to your liking, crispy bacon, white cheddar, english muffin

french omelette 18

ham, bell pepper, red onion, white cheddar, sourdough

egg-white omelette 18

asparagus, baby spinach, chives, white cheddar, sourdough

eggs benedict 18

canadian cured ham, poached eggs, hollandaise, english muffin

sides

smoked salmon 14 | avocado 8 | portabello mushrooms 8 roasted plum tomato 6 | chicken & apple sausage 6 crispy bacon 6 | pork & herb sausage 8 | breakfast potatoes 6 greek yoghurt 8 | mixed berries 10 | pancakes 5

grab & go

chia pudding 12 | bircher müsli 12 | fresh fruit salad 12 greek yoghurt parfait 14

Jesse & tea

Latte 6
Cappuccino 6
Vanilla Steamer 8
Café Mocha 6
Macchiato 6
Americano 6
Espresso 5
Double Espresso 6
Flat White 6
Extra Shot 2
Small French Press 4
1edium French Press 9
arge French Press 14
Matcha Latte 7
Hot Chocolate 6
Iced Coffee 6
Iced Tea 4

Tea | 5 Green | English Breakfast | Chamomile Earl Grey | Peppermint

Simara Blends | 7 Japanese Matcha | Cinnamon Chai | Velvet Beetroot Blue Matcha | 8



COCKTAILS

Chimosa | 16

chinola passion fruit liqueur, louis picamelot cremant

Carajillo | 12

licor 43, double espresso

Espresso Martini | 14

mr. black coffee liqueur, stolichnaya vodka, espresso

Under the Palms | 18

palmaráe gin, campari, simple syrup, pineapple juice, lemon juice, mediterranean tonic water

White Wine Sangria | 18 | 64 to share

peach liqueur, grand marnier, white wine, louis picamelot cremant

Bloody Mary | 12 | 38 to share

stolichnaya vodka, spiced tomato juice, lemon, tajin

Bloody Caesar | 12 | 38 to share

stolichnaya vodka, clamato juice, lemon, tajin

HEALTHY START

Chia Pudding | 14

coconut or mango

Fresh Fruit Salad | 14

mint & lychee syrup

Greek Yoghurt Parfait | 16

granola, fresh berry compote

Avocado on Toast | 22

poached eggs, coriander & fresh lime

PANCAKES & WAFFLES

Buttermilk Pancake Stack | 16

caramalized banana, candied walnuts, caramel, whipped cream

Vanilla Brioche French Toast | 16

berry compote, fresh berries

Chicken & Waffles | 30

fried half chicken, chili honey

SALAD & BOWLS

Chicken Caeser Salad | 28

romaine, parmesan, crouton, caesar dressing

Cobb Salad | 24

lettuce, tomato, avocado, celery, egg, chicken, bacon, blue cheese

Poke Bowl

salmon 24 | tuna 30 | tofu 20

edamame, avocado, sweetcorn, mango, cucumber, radish, wakame, sushi rice

DESSERT

Guava Bread Pudding | 12

rum sauce

Chocolate Pot De Crème | 14

mixed berry compote

White Chocolate Cheese Cake | 16

passion fruit & thai basil coulis

FREE RANGE EGGS

French Omelette | 18

ham, bell pepper, red onion, white cheddar, sourdough toast

Egg White Omelette | 18

asparagus, baby spinach, chives, white cheddar, sourdough toast

Eggs Benedict | 18

cured ham, poached eggs, hollandaise, english muffin

Eggs Royale | 24

smoked salmon, poached eggs, hollandaise, english muffin

Egg & Bacon Muffin | 14

fried egg, crispy bacon, white cheddar, english muffin

Mushrooms on Toast | 24

fried eggs, spinach, garlic butter, sourdough toast

HOUSE SPECIALTIES

TIH Big Breakfast | 24

fried eggs, pork sausage, crispy bacon, roasted tomato, portabello mushroom, beans, sourdough toast

American Breakfast | 24

fried eggs, pork sausage, crispy bacon, hash brown, buttermilk pancakes

Steak & Eggs | 42

10oz new york strip, breakfast hash & fried eggs

Traditional Stewed Fish | 38

goat pepper, lime, yellow grits, johnny cake

Shrimp & Grits | 26

onion, pepper, tomato, yellow grits

YB Smash Burger | 24

caramelized onion, pickle, smoked provolone, ketchup, mustard, mayo, kaiser bun

SIDES

pancake 5

mixed berries | 10
crispy bacon | 6
baked beans | 6

sliced avocado | 8
breakfast potatoes | 6
grilled tomatoes | 6
grits | 6

smoked salmon | 14
french fries | 8
hash brown | 6

waffles | 5

2 free range eggs | 6
greek yoghurt | 8
sausage (pork or chicken & apple) | 8