

COCKTAILS

Chimosa | 16

chinola passion fruit liqueur, louis picamelot cremant

Carajillo | 14

liquor 43, double espresso

Espresso Martini | 18

mr. black coffee liqueur, wodka vodka, espresso White Wine Sangria | 18 | 64 to share

peach liqueur, grand marnier, white wine, louis picamelot cremant

Bloody Mary | 12 | 38 to share wodka vodka, spiced tomato juice, lemon, tajin

Bloody Caesar | 12 | 38 to share

wodka vodka, clamato juice, lemon, tajin

HEALTHY START

Chia Pudding | 14

coconut or mango

Fresh Fruit Salad | 14

mint & lychee syrup

Greek Yoghurt Parfait | 16

granola, fresh berry compote

Avocado on Toast | 22

poached eggs, coriander & fresh lime

PANCAKES & WAFFLES

Buttermilk Pancake Stack | 14

caramalized banana, yoghurt

Vanilla Brioche French Toast | 16

berry compote, fresh berries

Chicken & Waffles | 30

fried half chicken, chili honey

SALAD & BOWLS

Chicken Caeser Salad | 28

romaine, parmesan, crouton, caesar dressing

Cobb Salad | 22

lettuce, tomato, avocado, celery, egg, chicken, bacon, blue cheese

Poke Bowl

salmon 24 | tuna 26 | tofu 20

edamame, avocado, sweetcorn, mango, cucumber, radish, wakame, sushi rice

DESSERT

Dark Chocolate Brownie | 16

vanilla gelato

Panna Cotta | 16

mixed berry compote

White Chocolate Cheese Cake | 16

passion fruit & thai basil coulis

Scoop of Gelato | 6

ask your server for flavours of the day

SIDES

mixed berries | 10 crispy bacon 6 baked beans | 6

pancake 5

sliced avocado | 8 rosemary potatoes | 6 grilled tomatoes | 6 grits | 6

smoked salmon | 14 french fries | 8

hash brown | 6

French Omelette | 18

FREE RANGE EGGS

ham, bell pepper, red onion, gruyere cheese, sourdough toast

Egg White Omelette | 18

asparagus, baby spinach, chives, gruyere cheese, sourdough toast

Eggs Benedict | 18

cured ham, poached eggs, hollandaise, english muffin

Eggs Royale | 24

smoked salmon, poached eggs, hollandaise, english muffin

Egg & Bacon Muffin | 14

fried egg, crispy bacon, gruyere cheese, english muffin

Mushrooms on Toast | 24

fried eggs, spinach, garlic butter, sourdough toast

HOUSE SPECIALTIES

TIH Big Breakfast | 24

fried eggs, pork sausage, crispy bacon, roasted tomato, portabello mushroom, beans, sourdough toast

American Breakfast | 24

fried eggs, pork sausage, crispy bacon, hash brown, buttermilk pancakes

Steak & Eggs | 42

10oz new york strip, breakfast hash & fried eggs

Traditional Stewed Fish | 38

goat pepper, lime, yellow grits, johnny cake

Shrimp & Grits | 26

onion, pepper, tomato, yellow grits

Brunch Burger | 22

8oz burger, fried egg, crispy bacor cheddar cheese, french fries



healthy start

breakfast smoothie 8

greek yoghurt parfait granola, fresh berry compote 16

cranberry & almond toasted oat cereal 10

fresh raspberries, milk of your choice

chia pudding coconut | mango 14

fresh fruit salad mint & lychee syrup 14

bircher müsli apple, toasted almonds, yoghurt 16

house specialties

buttermilk pancake stack

caramalized banana, yoghurt, maple syrup 14

vanilla brioche french toast

berry compote, fresh berries 16

smashed avocado on sourdough toast 16

tih big breakfast 24

eggs to your liking, pork & herb sausage, crispy bacon, roasted tomato, grilled portabello mushroom, baked beans, sourdough bread

free range eggs

two eggs any style 12

sourdough toast

egg & bacon muffin 14

egg to your liking, crispy bacon, gruyere cheese, english muffin

french omelette 18

ham, bell pepper, red onion, gruyere cheese, sourdough

egg-white omelette 18

asparagus, baby spinach, chives, gruyere cheese, sourdough

eggs benedict 18

canadian cured ham, poached eggs, hollandaise, english muffin

sides

smoked salmon 14 | avocado 8 | portabello mushrooms 8 roasted plum tomato 6 | chicken & apple sausage 6 crispy bacon 6 | pork & herb sausage 8 | rosemary potatoes 6 greek yoghurt 8 | mixed berries 10

grab & go

chia pudding 12 | bircher müsli 12 | fresh fruit salad 12 greek yoghurt parfait 14